

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><b>1 Breakfast:</b> whole grain bagel, fresh fruit, milk  <b>Lunch:</b> Taco, wheat tortilla shell, tropical fruit, Lettuce, salsa, milk  <b>Snack:</b> goldfish, grapes, water</p>	<p><b>2 Breakfast:</b> grits, sausage, milk  <b>Lunch:</b> hamburger, enriched bun, tater tots, pear halves, milk  <b>Snack:</b> graham crackers, fruit, water</p>	<p><b>3 Breakfast:</b> whole grain cheerios, fresh fruit, milk  <b>Lunch:</b> chicken noodle soup, baby carrots, peaches, milk  <b>Snack:</b> Strawberries, milk</p>	<p><b>4 Breakfast:</b> Whole grain Toast, fresh fruit, milk  <b>Lunch:</b> Tuna, ritz crackers, lettuce  <b>Snack:</b> Veggie Sticks, fruit, water</p>
<p><b>7 Breakfast:</b> whole grain oatmeal, fresh fruit, milk  <b>Lunch:</b> spaghetti, applesauce, broccoli, milk  <b>Snack:</b> fresh fruit, milk</p>	<p><b>8 Breakfast:</b> sausage biscuit, fresh fruit, milk  <b>Lunch:</b> Baked chicken, mac &amp; cheese, sweet peas, pear halves, milk  <b>Snack:</b> string cheese, pretzels, water</p>	<p><b>9 Breakfast:</b> Cheese toast on whole grain, fresh fruit, milk  <b>Lunch:</b> Hot dogs, enriched buns, pineapple chunks, sweet potato fries, milk  <b>Snack:</b> carrots, ranch dressing, raisins, water</p>	<p><b>10 Breakfast:</b> Whole grain English muffin, fresh fruit, milk  <b>Lunch:</b> grilled ham &amp; cheese sandwich, tomato soup, tropical fruit, milk  <b>Snack:</b> ritz crackers, fresh fruit, water</p>	<p><b>11 Breakfast:</b> Milk, breakfast pizza, fresh fruit  <b>Lunch:</b> Meatballs, w/gravy, mashed potatoes, corn,  <b>Snack:</b> animal crackers, fruit, water</p>
<p><b>14 Breakfast:</b> grits, sausage, milk  <b>Lunch:</b> hamburger, enriched buns, tater tots, pear halves, milk  <b>Snack:</b> pretzels, fruit, water</p>	<p><b>15 Breakfast:</b> apples, Whole grain Bagels, milk  <b>Lunch:</b> Lasagna, Applesauce, corn on cobb milk  <b>Snack:</b> Yogurt, peaches, water</p>	<p><b>16 Breakfast:</b> raisin bread, fresh fruit, milk  <b>Lunch:</b> garlic bread, beef stew, mixed vegetables, pineapple chunks, milk  <b>Snack:</b> graham crackers, fruit, water</p>	<p><b>17 Breakfast:</b> Whole grain Blueberry Muffins, fresh fruit, milk  <b>Lunch:</b> Meatloaf, mashed potatoes, sweet peas, fruit cocktail, Milk  <b>Snack:</b> goldfish crackers, grapes, water</p>	<p><b>18 Breakfast:</b> Fruit cups, whole grain bagel, milk  <b>Lunch:</b> Chicken noodle soup, grapes, celery sticks, milk  <b>Snack:</b> Veggie fries, fruit, water</p>
<p><b>21 Breakfast:</b> Banana Bread, fresh fruit, milk  <b>Lunch:</b> hot dogs, enriched buns, tater tots, pineapple chunks, milk  <b>Snack:</b> Whole grain Chex Mix, fruit, water</p>	<p><b>22 Breakfast:</b> whole grain oatmeal, blueberries, milk  <b>Lunch:</b> Chicken salad, Ritz crackers, sliced peaches, pickle spear, milk  <b>Snack:</b> mozzarella cheese sticks, raisin, water</p>	<p><b>23 Breakfast:</b> Cheese omelet, biscuit, fresh fruit, milk  <b>Lunch:</b> Baked chicken, mac &amp; cheese, sweet peas, pear halves, milk  <b>Snack:</b> Whole grain Graham crackers, fruit, water</p>	<p><b>24</b></p>	<p><b>25</b></p>
<p><b>28 Breakfast:</b> Cheese toast on whole grain, fresh fruit, milk  <b>Lunch:</b> breaded fish Nuggets, Fruit Cocktail, peas &amp; carrots, milk  <b>Snack:</b> Animal crackers, fruit, water</p>	<p><b>29 Breakfast:</b> Whole grain Muffins, Oranges, Milk  <b>Lunch:</b> sloppy joes, enriched buns, tater tots, dill pickle, milk  <b>Snack:</b> Fruit cup, milk</p>	<p><b>30 Breakfast:</b> Chicken biscuit, fresh fruit, milk  <b>Lunch:</b> grilled ham &amp; cheese sandwich, tomato soup, pineapples, milk  <b>Snack:</b> pretzels, string cheese water</p>	<p><b>31 Breakfast:</b> Whole grain cheerios, fresh fruit, milk  <b>Lunch:</b> spaghetti, applesauce, corn, milk  <b>Snack:</b> carrots, ranch dressing, raisins, water</p>	