

Kiddie Care Learning Center
August 2019 Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1 Breakfast: Whole grain Muffins, Oranges, Milk Lunch: Chili, Rice, Carrots, oranges, Milk Snack: pretzels, Fruit, water</p>	<p>2 Breakfast: Cheese omelet, biscuit, fresh fruit, milk Lunch: Taco, whole wheat Tortilla shell, tropical fruit, pickle spear, salsa, milk Snack: Peanut butter crackers, water</p>	<p>3 Breakfast: whole grain cheerios, banana, milk Lunch: PB&J sandwich on whole wheat bread, fruit cocktail, dill pickle, milk Snack: Strawberries, milk</p>
<p>5 Breakfast: whole grain oatmeal, fresh fruit, milk Lunch: spaghetti, applesauce, broccoli, milk Snack: fresh fruit, milk</p>	<p>2 Breakfast: Cheese toast- whole grain bread, fresh fruit, milk Lunch: Baked chicken, mac & cheese, sweet peas, pear halves, milk Snack: apple slices, peanut butter, water</p>	<p>7 Breakfast: Cheese toast on whole grain, fresh fruit, milk Lunch: breaded fish Nuggets, Fruit Cocktail cups, peas & carrots, milk Snack: Fresh fruit, milk</p>	<p>8 Breakfast: Whole grain English muffin, slice turkey, fresh fruit, milk Lunch: Tuna, ritz crackers, apple slices, pickles, milk Snack: Peanut butter Crackers, water</p>	<p>9 Breakfast: Milk, breakfast pizza, fresh fruit Lunch: Taco, Wheat Tortilla shell, tropical fruit, lettuce, salsa, milk Snack: animal crackers, fruit, water</p>	<p>10 Breakfast: whole grain cheerios, banana, milk Lunch: PB&J sandwich on whole grain, fruit cocktail, dill pickle, milk Snack: Whole grain Graham crackers, fruit, water</p>
<p>12 Breakfast: Whole grain oatmeal, fresh fruit, milk Lunch: Pizza, corn, pineapple chunks, milk, bread stick Snack: Humus, pretzels, water</p>	<p>13 Breakfast: Whole grain Cheerios, melon, milk Lunch: PB&J sandwich on whole grain, fruit cocktail, dill pickle, milk Snack: Whole grain Graham crackers, fruit, water</p>	<p>14 Breakfast: Whole grain Toast, Strawberries, milk Lunch: Tuna, ritz, pickles, Peaches Snack: Veggie Sticks, fruit, water</p>	<p>15 Breakfast: apples, Whole grain Bagels, milk Lunch: Spaghetti, Broccoli, Applesauce, milk Snack: Yogurt, peaches, water</p>	<p>2 Breakfast: Cheese toast- whole grain bread, fresh fruit, milk Lunch: Baked chicken, mac & cheese, sweet peas, pear halves, milk Snack: apple slices, peanut butter, water</p>	<p>17 Breakfast: Whole grain Cheerios, Banana, milk Lunch: PB&J Sandwich on whole grain, Dill Pickles, fruit cocktail, Milk Snack: Whole grain Graham Crackers, fruit, water</p>
<p>19 Breakfast: Whole grain Blueberry Muffins, fresh fruit, milk Lunch: Meatloaf, mashed potatoes, sweet peas, fruit cocktail, Milk Snack: goldfish crackers, grapes, water</p>	<p>20 Breakfast: Fruit cups, whole grain bagel, milk Lunch: Chicken noodle soup, grapes, celery sticks, milk Snack: Veggie fries, fruit, water</p>	<p>9 Breakfast: Milk, breakfast pizza, fresh fruit Lunch: Taco, Wheat Tortilla shell, tropical fruit, lettuce, salsa, milk Snack: Peanut butter crackers, water</p>	<p>22 Breakfast: whole grain oatmeal, blueberries, milk Lunch: Chicken salad, Ritz crackers, sliced peaches, pickle spear, milk Snack: mozzarella cheese sticks, raisin, water</p>	<p>23 Breakfast: Banana Bread, fresh fruit, milk Lunch: hot dogs, enriched buns, tater tots, pineapple chunks, milk Snack: Whole grain Chex Mix, fruit, water</p>	<p>24 Breakfast: whole grain cheerios, banana, milk Lunch: PB&J sandwich, fruit cocktail, dilled pickle, milk Snack: Whole grain Graham crackers, fruit, water</p>

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<p>26 Breakfast: whole grain oatmeal, fresh fruit, milk Lunch: spaghetti, applesauce, broccoli, milk Snack: animal crackers, orange slices</p>	<p>27 Breakfast: Cheese omelet, biscuit, fresh fruit, milk Lunch: Baked chicken, mac & cheese, sweet peas, pear halves, milk Snack: Whole grain Graham crackers, fruit, water</p>	<p>28 Breakfast: Cheese toast on whole grain, fresh fruit, milk Lunch: breaded fish Nuggets, Fruit Cocktail, peas & carrots, milk Snack: carrots, ranch dressing, raisins, water</p>	<p>29 Breakfast: Whole grain Muffins, Oranges, Milk Lunch: Chili, Rice, Carrots, oranges, Milk Snack: pretzels, Fruit, water</p>	<p>30 Breakfast: Chicken biscuit, fresh fruit, milk Lunch: Taco, Whole grain Tortilla shell, tropical fruit, pickle spear, salsa, milk Snack: Peanut butter crackers, water</p>	<p>31 Breakfast: Whole grain cheerios, banana, milk Lunch: PB&J sandwich on whole grain, fruit cocktail, dill pickle, milk Snack: apple slices, peanut butter, water</p>
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